

THE NATIONAL CERTIFIED COUNSELOR



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Summer/Fall 2000

National Board for Certified Counselors

GRACEFULLY AGING AT NBCC

As NBCC enters its 19th year, we continue to look at our demographics. Paralleling other mental health professionals, NCCs are mostly professional women (74 percent). We also tend to mirror U.S. geographic apportionment with about 80 percent of NCCs living in the Eastern and Central time zones. Our diversity is more pronounced than most graduate level professions but less diverse than the population of the country as a whole. Looking back at that first figure, female population, gives us a start at projecting numbers of National Certified Counselors we can expect to see in the next two decades. Here is some of our thinking, which allows us to project budget, space, staffing, and projects for NBCC and affiliates.

More on Page 2

Numbers of NCCs

1990: 13,500
1995: 21,597
2000: 31,342

Ages of NCCs

30–40 years old: 17%
40–50 years old: 30%
50 and over: 50%

Average age of individuals applying for NCCs

1990: 51 years old (2% under 35 years old)
2000: 40 years old (40% under 35 years old)

Top six areas of practice

- General Counseling
- Clinical Counseling
- School Counseling
- Marriage and Family Counseling
- Career Counseling
- Substance Abuse Counseling

64% of NCCs also hold a state credential.

70% of NCCs earn an annual salary between \$20,000 and \$50,000.

THE FACE
OF NATIONAL
CERTIFIED
COUNSELORS

Features . . .

Gracefully Aging at NBCC	1
Dance Therapy Recognized as Counseling Specialty	3
NBCC and Affiliates Annual Budget	7
New NBCC/CCE/RACC Board Members and Officers Named	16

Departments . . .

Voluntary Audits	2
State Licensure Update	4
CE Providers	12
Recertification News	13
NCCs of Note	14
NCC Network	15



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VOLUNTARY AUDITS

The following NCCs have passed the NBCC® Voluntary Audit for special recognition in continuing education. While 100 hours of continuing education are required for recertification, these NCCs have completed and documented more than 130 hours in the five-year certification period. They have received a special certificate citing this achievement and are to be congratulated for their dedication to excellence. NBCC salutes them!

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GRACEFULLY AGING AT NBCC

From Page 1

Professionals retire fully from careers in increasing numbers between 55 and 65 years of age. Women retire a bit earlier than men. While we have no clear way of knowing our patterns, we expect counselors who are salaried through governmental employment to retire earlier than self-employed individuals. We also expect an increase in part-time, later-age practice.

NBCC has two quite influential factors to keep in mind as we project growth. First, we were formed in 1982 with 16,000 early entrants to our ranks. Since most master's level counselors at that time began to practice in their 30s, it is not surprising that almost half of all NCCs are over 50 years of age. This would be of great concern to NBCC and the clients we serve if our applicant rate was dwindling. Not only do we receive more applicants each year, but NBCC's annual renewal rate has been higher than 95 percent for years. This is the reason that from 1990 to 2000, the number of active NCCs increased from 13,500 to the more than 31,000 today.

THE KEY TO OUR GROWTH HAS BEEN THE CONSTANT STREAM OF NEW GRADUATES BECOMING CERTIFIED.

But should we expect that increase to continue? The second most influential set of factors on our future is the effect of the "Baby Boomer" retirement, "Boomer Echo" population increase, and counselors' changing emphases in practice. So we can only guess the future but we do so conservatively and with a hard look at our past data.

We think that NCCs will increase in numbers through the next eight years, but the 2,500 increase in NCCs per year will lessen by 2008. At that time, retirement may cancel growth to a steady certificant base of about 40,000–45,000 for about five years (2008–2013). Then we expect the aging effect to diminish, as a more normal distribution of ages will mark our demographics.

The "Boomer Echo" (and more school-aged children) will bring more jobs for school counselors and our numbers will increase in that area of practice. This could affect overall numbers positively. We cannot predict what effect the Internet and managed care mergers will have on our largest practice group—mental health counselors. Further, we still do not have good data regarding the effect that our aging U.S. population will have upon the "full retirement" and dropping of certification by our NCCs. We expect more and more of us to continue part-time practice in later years.

The key to our growth success has been the constant stream of new graduates becoming certified. High recertification figures and lower average ages of graduates have paired to allow us to predict a solid future and continue to keep costs to certifiants low. □

DANCE THERAPY RECOGNIZED AS COUNSELING SPECIALTY

By Leslie Armeniox, ADTA Task Force

The NBCC and the American Dance Therapy Association (ADTA) are pleased to announce recognition of dance therapy as a specialty of counseling. The two organizations have worked toward this goal since 1995. As part of this process, NBCC representatives reviewed dance therapy graduate programs, registry requirements and procedures, dance therapy research and publications, and ADTA documents and records. A comparison of ADTA dance therapy graduate program requirements to the Council for Accreditation of Counseling and Related Educational Programs (CACREP) requirements for counseling programs found dance therapy graduate programs to be similar and comparable to graduate programs in counseling.

Dance therapy (also called dance/movement therapy) is the psychotherapeutic use of movement as a process to further the emotional, cognitive, social, and physical integration of the individual. Dance therapists are employed in schools, psychiatric treatment centers, rehabilitation settings, private practice, correctional facilities, day care centers, and developmental centers throughout the United States, Canada, Europe, South Africa, Asia, the Middle East, Africa, and Australia. They work with people of all ages individually and in groups. Dance therapists also act as consultants and engage in research.

Dance therapists work with clients on issues such as depression, anxiety, eating disorders, autism, substance abuse, Alzheimer's dis-

ease, cancer, AIDS, post-traumatic stress disorder, attention-deficit disorders and learning disabilities, and abuse trauma. Dance therapy is particularly useful to clients who are unable to work with, or who have minimal success with, verbal modalities. For example, dance therapy offers adolescents and adults an active, body-centered approach to address issues of emotional expression, body image, boundaries, and behavioral modulation and control.

The agreement between NBCC and ADTA designated the Academy of Dance Therapists Registered (ADTR) credential as the appropriate counseling specialty credential in dance/movement therapy. The ADTR is the advanced credential offered by ADTA. It signifies readiness to teach, supervise, and work in private practice. All counselors who have obtained the ADTR level of certification and who hold a minimum of a master's degree in a mental health profession are eligible to apply for the NCC credential. In addition, the ADTA offers alter-

nate route training for master's level counselors with dance and movement experience who are interested in becoming dance therapists.

This collaborative effort will benefit consumers by making another innovative approach for treatment more accessible. It is important to counselors as well since it opens many opportunities for joint research, publications, and educational opportunities. Susan Eubanks, NBCC associate executive director for professional affairs, commented, "This collaboration provides an additional avenue for counselors in practice. In addition, we are unifying our professions because we are counselors first with a variety of specialties and settings from which to choose. Such choices allow us to provide better care and to maximize benefits to consumers and clients."

If you are interested in learning more about dance therapy, you can visit the ADTA Web site at www.adta.org, e-mail: info@adta.org, or write the American Dance Therapy Association, 2000 Century Plaza, Suite 108, 10632 Little Patuxant Parkway, Columbia, MD 21044-3262. □

NEW RECERTIFICATION SCHEDULE

By the time this newsletter hits your mailbox, NBCC will have begun a new schedule of recertification. You should receive your recertification form shortly before your birth month. It will be green, and it will bill you for the upcoming year. In addition, it will tell you whether or not you have been selected for the mandatory audit. If you are selected, you will need to send copies of your continuing education documentation for 100 hours from the last five or so years along with the form and fee payment. If you are not selected, you will need to send the form and fee payment but no documentation. Even if your fee owed is zero, you must still return the form in order to be recertified. Please contact the Recertification Department if you have any questions. □

STATE LICENSURE UPDATE

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Law Passed 1998

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Law Passed 1979

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Law Passed 1979

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Law Passed 1988

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CALIFORNIA (continued)

PLEASE NOTE: The CA Registry is a
voluntary registry for career counselors, rehab

counselors, and paraprofessionals in that state.
The only state credential counselors may apply
for is the Marriage, Family, Child Counselor.
NCCs/LPCs moving to California can contact
that board at:

Marriage, Family, Child Therapist
Board of Behavioral Sciences
400 R St., Suite 3150
Sacramento, CA 95814-6240
Phone: (916) 445-4933
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Law Passed 1988

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Law Passed 1997

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Law Passed 1992

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Law Passed 1987

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Law Passed 1981, Revised 1987

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Law Passed 1984

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Law Passed 1989

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Law Passed 1982

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WEB SITE

Your Online Guide to NBCC
Information and Services at
www.nbcc.org

STATE LICENSURE UPDATE

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Law Passed 1992

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Law Passed 1997

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Law Passed 1991

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Law Passed 1996

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Law Passed 1987

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Law Passed 1985

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Law Passed 1989

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Law Passed 1988

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Law Passed 1985

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Law Passed 1985

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Law Passed 1985

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NEBRASKA

Law Passed 1986

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Law Passed 1992

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STATE LICENSURE UPDATE

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Law Passed 1993

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Law Passed 1993

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Passed 1993

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Law Passed 1989

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Law Passed 1984

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Law Passed 1985

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Law Passed 1989

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Law Passed 1998

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Law Passed 1987

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Law Passed 1985

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Law Passed 1990

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Law Passed 1984

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Law Passed 1981

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Law Passed 1994

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web/commerce/dopl/dopl1.htm](http://www.commerce.state.ut.us/web/commerce/dopl/dopl1.htm)

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STATE LICENSURE UPDATE

VIRGINIA

Law Passed 1976

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Law Passed 1988

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Law Passed 1987

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Law Passed 1992

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 agencies/dri/Regulation/html

WEST VIRGINIA

Law Passed 1986

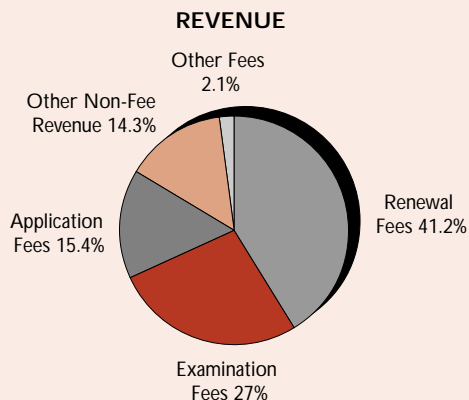
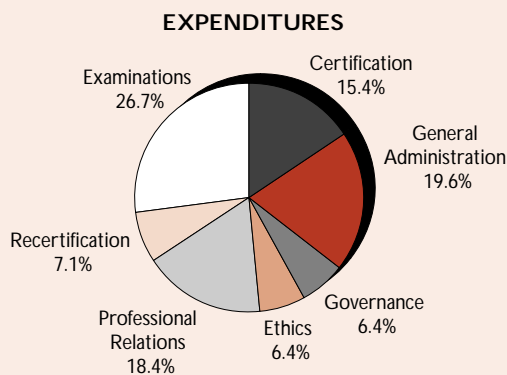
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Law Passed 1987

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NBCC and Affiliates Annual Budget — FY 2000/2001



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CONTINUING EDUCATION PROVIDER UPDATE

NEWLY APPROVED PROVIDERS

Morehead State University,
Morehead, KY, #4479

Central Washington University,
Ellensburg, WA, #4480

Troy State University, Troy, AL #4481

Jewish Family Services, Birmingham, AL
#5888

QPR Institute, Spokane, WA, #5589

New York Open Center,
New York, NY, #5890

Hope Hospice, Ft. Myers, FL, #5591

Professional Psych Seminars, Agoura
Hills, CA, #5592

**New Directions: Consulting and
Clinical Services,** Greenville, TX
#5894

Midwest Counseling Center,
Lombard, IL, #5895

PESI HealthCare, Eau Claire, WI
#5896

Illinois Association for Play Therapy,
Urbana, IL #5897

RAPT Foundation, Washington, NJ
#5898

**International Expressive Arts
Therapy Association (IEATA),** San
Francisco, CA, #5900

Adoption Exchange, Aurora, CO
#5901

Family Information Services,
Minneapolis, MN, #5902

Ed D. Lauritson, Phoenix, AZ, #5903

Heritage Professional Education,
Nashville, TN, #5904

Hakomi Integrative Somatics,
Boulder, CO, #5905

International Clarity Institute,
Madera, CA, #5906

THE COMPLETE NBCC®
APPROVED PROVIDER LIST IS
UPDATED MONTHLY ON THE
WEB AT [www.nbcc.org/
providers/home.htm](http://www.nbcc.org/providers/home.htm)

NEW HOME STUDY PROGRAMS

The following NBCC Approved Providers have **new** home study programs that have been recently approved. Please contact them directly to find out about these programs. See the **entire** list of more than 300 approved programs on our NBCC Fax Information Line (1-800-324-6222).

Request document #4001. This list is also on our Web site, www.nbcc.org, on the Continuing Education page. We can mail you a copy by regular post if these methods do not meet your needs. Home study is a convenient and economical way to earn continuing education hours. For NCCs, home study programs **must** be selected from the approved list. If you have any questions, please contact the Recertification Department.

Advanced Diagnostics (#5725)

4927 Centre Ave.
Pittsburgh, PA 15213
(412) 683-8378
Web: www.thoughtenergy.com

Affect+ (#5416)

PO Box 110,
Woodbury, TN 37190
(615) 563-8887

American Counseling Association (#1000)

5999 Stevenson Ave.
Alexandria, VA 22304
(800) 347-6647
Web: www.counseling.org

CMR Home Study (#5484)

30423 Canwood St., Suite 228
Agoura Hills, CA 91301
(818) 706-1671

Family Information Services (FIS) (#5902)

12565 Jefferson St. NE, Suite 102,
Minneapolis, MN 55434-2102;
(800) 852-8112
Web: www.familyinfoserv.com
(Online Programs)

Hatherleigh Company (#5448)

5-22 46th Ave., Suite 200
Long Island City, NY 11101
(800) 367-2550

Hazelden Distance Learning Center for Addiction Studies (DLCAS) (#5899)

PO Box 240663
Apple Valley, MN 55124-0663
(800) 328-9000; fax: (603) 843-5914
E-mail: addictionstudies@dlcas.com
Web Site: www.dlcas.com
*All courses are online only

Journey into Wholeness (#5677)

PO Box 169
Balsam Grove, NC 28708
(828) 877-4809

Lima Associates (#5519)

8353 Mentor Ave., Mentor, OH 44060
(440) 255-3299
E-mail: info@lima-associates.com

Meadows Institute (#5687)

1655 N. Tegner St.
Wickenburg, AZ 85390
(800)420-1616
E-mail: info@itad.org
Web: www.themeadows.org

Midwest Counseling Center (#5895)

929 S. Main St., Suite 103A
Lombard, IL 60148
(630) 620-0020

PeachTree Professional Education (#5701)

PO Box 700183, Tulsa, OK 74170-0183
(800) 390-9536
E-mail: peachtree@nongard.com
Web: www.nongard.com

Professional Development Resources (#5590)

9471 Baymeadows Rd., Suite 301
Jacksonville, FL 32256; (904) 367-0447
Web: www.pdresources.org

Professional Resource Exchange (#5474)

PO Box 15560, Sarasota, FL 34277-1560
(941) 343-9601
E-mail: orders@prpress.com

PsychoEducational Resources (#5536)

PO Box 2196, Keystone Heights, FL
32656-2196; (800) 892-9249

QPR Institute (#5889)

524 W. 6th Ave.
Spokane, WA 99204
(509) 458-7471
E-mail: pquinnett@greentreebhs.org

Study Credit (#5818)

PO Box 15220
Charlotte, NC 28211
(704) 364-3630
E-mail: studycredit@carolina.rr.com
Web: www.studycredit.com

Trance*Sand*Dance Press (#5803)

1315 Kingwood
Forest Grove, OR 97116
(888) 575-7263
Web: www.psychceu.com (Online Programs)

Vision Quest into Symbolic Reality (#5411)

1946 Clemmons Rd.
Oakland, CA 94602
(510) 530-1383

RECERTIFICATION NEWS

DO YOU HAVE YOUR CONTINUING EDUCATION FOLDER?

All NCCs should have a Continuing Education File folder issued at the time of certification. If you never received one or if you have lost yours, please fax a request for one to 336-547-0017. This folder contains all the regulations covering recertification and continuing education for NCCs. It is important that you have it in order to be prepared for recertification when your expiration date arrives.

FOR LAPSED NCCS

If you know a former NCC who might be interested in reactivating

the credential, please have him or her contact the NBCC Recertification Department. Reinstatement is a relatively simple process of signing the one-page form, paying the fees, and submitting continuing education or a recent passing NCE score. The examination is not required if the counselor can document 100 hours of continuing education since the last date of certification or recertification.

TAKING NON-APPROVED CONTINUING EDUCATION

NCCs are allowed to take non-approved continuing education and use the hours for recertification as long as the event meets the guide-

FOR MORE INFORMATION ON THE NEW RECERTIFICATION SCHEDULE SEE STORY ON PAGE 3.

lines described in the NBCC Continuing Education File folder. On the back of the General Information Sheet, there is a checklist of criteria that continuing education events must meet in order to be counted for recertification credit. Please contact the Recertification Department if you do not have your NBCC Continuing Education File folder and General Information Sheet.

RACC NEWS

Your generous outpouring of donations and support have helped us achieve a great deal. Here are some of the research-oriented endeavors you have helped facilitate:

- We have had an overwhelming response to our questionnaire on violence (on the back of your most recent bill). Over half of the NCCs surveyed have responded to one or more of the questions. The results of the data will be available on the RACC Web site (www.racc-research.org) by mid-August.
- RACC continues to receive requests for support of research projects in the counseling community. Please contact the NBCC headquarters if you are interested in receiving support.

RACC DONOR FORM

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May we list your name as a RACC donor in NBCC publications?

- YES NO

NCCs OF NOTE

Donna F. Ferber, NCC, was recently appointed by Governor Roland to the Connecticut Board of Mental Health and Addiction Services. Ferber is also a Licensed Professional Counselor in private practice in Farmington, CT. Her specialties include working with individuals and groups on issues relating to substance abuse and life transitions. She is a frequent speaker on issues related to psychotherapy and is presently writing a book on group process.



**Donna
Ferber**

Loyd Ganey, NCC, is an Arizona Certified Guidance Counselor and currently serves as campus chair of Behavioral Sciences for Cochise College. Ganey has recently written, developed, and published an online course in Personality Theories for Cochise. For information on the course, contact Ganey at 520-458-7967 or e-mail him at ganeyl@c212.com.

Patricia Guest, NCC, of Montgomery, AL, recently received the "Accolades and Roses Award" at the annual Volunteer and Information Center, Inc. Awards Day. Guest's many contributions to the community include approximate 7,200 hours of volunteer counseling time provided for first-time, nonviolent felony offenders over the past 10 years. Guest is a Supervising Licensed Professional Counselor in private practice who also serves as the contractual counseling director for the Montgomery County District Attorney's Pre-Trial Diversion Program. She recently was awarded diplomate status in the American Academy of Forensic Counseling and has completed certification in EMDR and as a group psychotherapist.



**Patricia
Guest**

Jim Malone, NCC, of Northport, NY, was featured on the *Today Show* on CBS on May 24 as part of a story on career counseling. Malone was interviewed by Matt Lauer and spoke about the sorts of issues he typically addresses with a client. Malone comes from a background of 25 years of public school career guidance counseling. He has had his own private career counseling practice in Northport for about 20 years and also teaches career development and other courses at the C.W. Post Campus of Long Island University. He recently contributed two chapters to a guide book published by the National Career Development Association called *Experiential Activities for Teaching Career Counseling Classes and Facilitating Groups*.

Scott McGowan, NCC, ACS, professor and chair of the Department of Counseling and Development at Long Island University/C.W. Post Campus, was presented with the Long Island University David Newton Award for Teaching Excellence. McGowan is immediate past-president of the Counseling Association for Humanistic Education and Development, past chair of the Council of ACA Journal Editors, and presently consulting editor of the *Journal of Counseling and Development*.

THE ANTI-STIGMA PROJECT:

PROMOTING UNDERSTANDING AND AWARENESS IN THE MENTAL HEALTH COMMUNITY

In the last issue of *The National Certified Counselor*, we told you about the materials available for counselors, clients, and their families to aid in working toward eliminating the stigma associated with mental illness and substance abuse. The telephone number we gave you in that article had one incorrect number in it. Therefore, we are listing the correct number (800-789-2647) and the Web site (www.mentalhealth.org/stigma) so that those of you who are interested may order these materials. □

NCC NETWORK

Rubin Battino, NCC, has recently published two books: *Ericksonian Approaches: A Comprehensive Manual* is a systematic training



Rubin Battino

manual for teaching Ericksonian hypnosis and psychotherapy. *Guided Imagery and Other Approaches to Healing* is designed to systematically teach helping professionals how to do guided imagery work. Both books are accompanied by audio tapes and may be ordered from www.anglo-american.co.uk or by e-mail at books@anglo-american.co.uk. Battino is an adjunct professor in the Department of Human Services at Wright State University.

Joseph D. Cusumano, NCC, has published *If You Build It: Creating Your Own Spiritual Field of Dreams*, a series of 18 essays based on the many lessons embedded in the movie *Field of Dreams*. It is designed to help those interested in achieving wholeness and closure through psychospirituality. The book can be purchased through Amazon.com or from Cusumano's Web site: www.drjoe1.com. Cusumano has a private practice in St. Louis County, Missouri, and is owner of Psychospiritual Publications.

Laurence Armand French, NCC, CCMHC, of Mimbres, NM, has published a book *Addictions and Native Americans*. In the last issue of *The National Certified Counselor* his e-mail address was incorrectly listed. We regret this error. To order this book, e-mail the author at french@silver.wnmu.edu.

Gerald A. Juhnke, NCC, MAC, ACS, has authored a book titled *Addressing School Violence: Practical Interventions and Strategies*, published by ERIC/CASS (800-414-9769). The book specifically addresses ways in which counselors can assess students' immediate risk for harming others.

Effective treatments for student survivors and their families are also described. Juhnke is an associate professor in the University of North Carolina-Greensboro's Department of Counseling and Educational Development, and director of the department's research and training clinic.



Gerald A. Juhnke

Julia Loren, MS, NCC, is a national consultant on adoption and the birthparent experience. She has authored two new workbooks for use with clients who are dealing with these issues. *For Birthparents Only: A Post Adoption Workbook* and *Healing the Wounds of Open Adoption: A Workbook for Birthparents* are both useful for clinicians and individuals in understanding the impact of the post-relinquishment experience on individual self-esteem, relationships, adoption communication issues, and sexuality. To order: e-mail Loren at adoptioncounsel@yahoo.com or visit her Web site at www.adoptioncounsel.webjump.com.

Darrell Anthony Luzzo, Ph.D., NCC, is the editor of a new book *Career Counseling of College Students: An Empirical Guide to*

Strategies That Work. The book contains 17 chapters exclusively devoted to the career decision-making needs of diverse college student populations. Contributing chapter authors include several NCCs. The specific needs of populations rarely addressed include ethnic minority students and gay and lesbian students. The book is published by the American Psychological Association and is available at www.apa.org/books/.

Robert H. Renken, NCC, CCMHC, has written a new book, *Brief and Extended Interventions in Sexual Abuse*, published by the American Counseling Association (800-347-6647). This volume is a revision of his widely read book, *Intervention Strategies for Sexual Abuse*. The revision updates research and treatment approaches in the field with an emphasis on brief therapy and prevention techniques not usually discussed in the sexual abuse arena. Renken is a mental health counselor and clinical sexologist in private practice in Tucson, AZ.

Richard S. Sinacola, NCC, associate professor and chair of the Department of Counseling and Addiction Studies at the University of Detroit-Mercy, has published *Professional Counselors in Private Practice* with Learning Publications, Inc. (800-222-1525). The work will be marketed as a possible text for private practice courses as well as a manual for counselors considering private practice. Contact Sinacola at the university at 313-993-6327.

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NEW NBCC/CCE/RACC BOARD MEMBERS AND OFFICERS NAMED

Thomas M. Collins of Stroudsburg, PA; M. Sylvia Fernandez of Jonesboro, AR; and Sylvia C. Nasser-McMillan, of Charlotte, NC, were elected to the NBCC Board of Directors at their June 3 meeting. These three new board members replace outgoing board members Wyatt Kirk, Sandra Lopez-Baez, and Richard Page. Their terms began on July 1, 2000. The new officers are: Lynn E. Brueske, chair; Dorothy Jeffries Anderson, chair-elect; and Wayne Lanning, secretary.

Thomas Collins is director of counselor education at the University of Scranton. Sylvia Fernandez is an associate professor of psychology and counseling at Arkansas University and has a private practice. Sylvia Nasser-McMillan is a counselor educator at the University of North Carolina at Charlotte.

Frances Tsakonas was elected to the position of public member for NBCC replacing Robert Shreve. Tsakonas is special advisor to the Minister of Foreign Affairs in Athens, Greece.

Richard "Dick" Hackney was elected to replace Carol Trigg on the CCE Board, and for the RACC Board, Samuel T. Gladding was elected to replace Rex Stockton.

Congratulations to all of the new board members and sincere thanks to the outgoing members. Service on the NBCC, CCE, and RACC boards involves quite a bit of work and is strictly voluntary. We hope that all of the terms of the new members prove to be enjoyable, enlightening, and rewarding. □

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